The BKin degree provides a multidisciplinary approach to the study of human movement that includes both the art (e.g., psychology, sociology, history) and science (e.g., physiology, motor learning and control, biomechanics) of human movement, as it relates to exercise science, athletic performance, and promotion of long term health outcomes. In this program, students select one of the following majors, enabling them to focus their learning in senior courses according to a specialized area of interest: Adapted Physical Activity; Physical Activity and Health; Sport Performance; Sport Coaching; or a self-designed Individualized Major.

REGISTRATION TIP SHEET

Bachelor of Kinesiology

REGISTRATION 101:

- Begin by accepting your admission offer through Bear Tracks and pay your Tuition Deposit
- The form included on the back of this Tip Sheet is your program planning form – this will lay out each of the classes required for you to complete your degree
- To begin course registration, log-in to your Bear Tracks account and select the “Schedule Builder” link on the left menu
- This tool will allow you to plan your Fall and Winter schedule and when complete – enrol in courses
- If you plan on taking a full course load (10 classes), you’ll want to add each of the classes listed on your program sheet under the Year 1 column (5 classes in the Fall term, and 5 classes in the Winter term)
- Using the Schedule Builder “Search” button, begin adding classes starting with the courses that have the least offerings
- Please be aware that some classes are offered in both terms, while others are only offered in one term
- For your English requirement, you need 6 credits (2 classes) of any ENGL or WRS 100 level classes
- For more information on the differences between KIN 109/STAT 151 please consult the course descriptions available through Bear Tracks
- For the 3 credits (1 course) in PAC/DAC, this can be any course with the PAC or DAC prefix
- When searching for classes, be sure to un-check the “Show Open Classes Only” box to see classes that are currently full
- If you would like to add a class that is currently full, click “Add to Watch List” and set-up your notification options through the “Watch List” link on the left menu
- Once your course schedule in Schedule Builder is complete, checkmark each of the classes in the menu below your schedule and click “Enrol”
- Complete this for both the Fall and Winter terms
- You can confirm your course registration and view your current schedule using the “My Class Schedule” link on the left menu
- Once complete, you can adjust your schedule throughout the Spring and Summer
- If you have any questions or concerns, please feel free to contact Tyson Lazaruk at the contact information below
BACHELOR OF KINESIOLOGY  
(BKin) Degree Requirements  
For those students admitted in Fall 2017

Student: _____________________________________________  ID#: ___________________

Major:  
___ Adapted Physical Activity  
___ Physical Activity and Health  
___ Sport Coaching  
___ Sport Performance  
___ Individualized (proposal must be submitted for approval) 

DEGREE SEQUENCING (*120 1): 

<table>
<thead>
<tr>
<th>YEAR 1 (*30)</th>
<th>YEAR 2 (*30)</th>
<th>YEAR 3 (*30)</th>
<th>YEAR 4 (*30)</th>
</tr>
</thead>
<tbody>
<tr>
<td>*6 ENGL/WRS 100-level</td>
<td>*6 ENGL/WRS 100-level</td>
<td>*30 HE ED 321 or KIN 303 (see Major sheet for selection)</td>
<td>*6 Major Courses (see below)</td>
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<tr>
<td>___ DANCE 200</td>
<td>___ HE ED 220</td>
<td>___ KIN 200</td>
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<td>___ KIN 101</td>
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<td>___ KIN 240</td>
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<td>___ KIN 103</td>
<td>___ KIN 209</td>
<td>___ KIN 209</td>
<td>___ PERLS 204</td>
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<tr>
<td>___ KIN 109 or STAT 151</td>
<td>___ KIN 207</td>
<td>___ KIN 240</td>
<td>___ PERLS 207</td>
</tr>
<tr>
<td>___ PERLS 104</td>
<td>___ KIN 209</td>
<td>___ PERLS 304</td>
<td>___ KIN 401</td>
</tr>
<tr>
<td>___ PERLS 105</td>
<td>___ KIN 207</td>
<td>*9 Major Courses (see below)</td>
<td>*6 Major Courses (see below)</td>
</tr>
<tr>
<td>___ PSYCO 104</td>
<td>___ KIN 206</td>
<td>*6 Options 5 (see below)</td>
<td>*3 Options 6 (see below)</td>
</tr>
<tr>
<td>*3 PAC/DAC</td>
<td>___ KIN 207</td>
<td>*6 PAC/DAC</td>
<td>*3 300/400-level PAC</td>
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<tr>
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<td>___ ___________/ __ _</td>
<td>___ ___________/ __ _</td>
</tr>
</tbody>
</table>

COMPONENTS OF DEGREE:

Major *30  
(includes major courses + practicum component)

*15 Major Courses 2,3:

___  
___  
___  
___  
___  

Practicum 3,4 *15  
Choose one of the following:

1. Full-time Practicum 4  
   ___ *15 KIN 493

2. Part-time Practicum 3,4,5  
   ___ *9 KIN 492 and  
   ___ *6 Faculty Options 2 (DAC/DANCE/HE ED/ PAC/KIN/PERLS/RLS/INT D 280/410/411/439)

3. For Sport Coaching students ONLY:  
   ___ *3 KIN 246  
   ___ *3 KIN 347  
   ___ *3 KIN 346  
   ___ *6 KIN 446

Options Component *9

*3 Out of Faculty Options 3  
   • No Phys Ed & Rec courses

   ___  

*6 Open Options 2,3  
   • Any level  
   • Any subject  
   • Max *18 PAC/DAC in program 7

   ___  

Notes:
1. (*) Indicates the “units of course weight”, i.e. *6 would indicate 6 units of credit. If no (*), assume course weight *3.
2. The maximum units of course weight allowable in activity courses is * 18.
3. It is strongly recommended to select appropriate Major Courses and Options in order to meet Agency prerequisites for practicum placements.
4. Practicum opportunities may be limited for those students wishing to do a part-time practicum.
5. A maximum of *18 in practicum course offerings may be credited towards the BKin degree program.

Comments:

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IP- In Progress  TR- outside Transfer Credit Awarded  CR- UofA Transfer Credit Awarded  EX- Exchange Credit  letter grade- Successfully Completed